Fall is the best time to plant all hardy perennials. A great mix to amend the soil is Worm Castings, powdered Rock Phosphate and a seaweed-based fertilizer. I use (and sell) Garden-Ville Sea Tea, but there are others on the Market. Alfalfa or Kelp Meal will add Nitrogen, which you'll need if you are planting cool season food crops.

Planting mix for perennials- 50/50 mix of worm castings and powdered rock phosphate-- one handful of the mix in a 4" hole--2 handfuls in a one gallon hole and a cup in a 3-5 gallon hole-and always water everything in with a big dose of Garden-Ville Sea Tea Fertilizer (2 tablespoons to a gallon of water)

Planting mix for cool season plants- like lettuce, kale, cilantro, parsley, broccoli etc--and when you plant your cool season color in late Sept-Oct like calendula, pansies, snapdragons, dianthus, sweet white allysum, etc.

Equal parts of worm castings, powdered rock phosphate and alfalfa or kelp meal. One handful of the mix in a 4" hole-- 2 handfuls in a one gallon hole and a cup in a 3-5 gallon hole-and always water everything in with a big dose of Garden-Ville Sea Tea Fertilizer (2 tablespoons to a gallon of water)

VEGETABLE VARIETY	SEED	TRANSPLANTS	NOTES	ANNUAL/BIENNIAL HERBS TO Plant for Winter	EDIBLE FLOWERS FOR Fall and Winter
Broccoli	September	Late September	Protect forming heads from frost. Broccoli can be planted throughout the winter.	Cilantro	Nasturtium
Cauliflower	September	Late September	Protect forming heads from frost. Cauliflower can be planted throughout the winter.	Dill	Violet
Cabbage	September	Late September	Cauliflower can be planted throughout the winter.	Chervil	Calendula
Pak Choy/Bok Choi	September	Late September	Asian Greens can be planted throughout the winter.	Parsley	Pansies
Kale	September	Late September	Kale can be planted throughout the winter.	Fennel	Dianthus
Collards	September	Late September	Collard Greens can be planted throughout the winter, although these are a 'cut & come again' crop, so new plants are often not needed.	PERENNIAL HERBS FOR FALL PLANTING	
Mustard Greens	September	Late September	Mustard Greens can be planted throughout the winter, although these are a 'cut & come again' crop, so new plants are often not needed.	Rosemary	
Spinach	September	Late September	Spinach can be planted throughout the winter, although these are a 'cut & come again' crop, but new plants are needed about every 5-6 weeks	Oregano	
Leaf lettuce- many varieties available in seed, fewer as transplants.	October when weather cools down and every 2-3 weeks during winter.	October when weather cools down and every 2- 3 weeks during winter.		Thyme	
Asian Greens- tatsoi, mizuna, komatsuna	September	September		Lavender	
Beets	after September 15			Tarragon- French and Texas	
Turnips	after September 15 and every 2-3 weeks during winter.			Mint	
Carrots	after September 15 and every 2-3 weeks during winter.			Chives, Garlic Chives	
Radishes	September and every 2-3 weeks throughout winter.			Sage	